

Challenging Structural Substance Use Stigma

In-Person Workshop

Onboarding



CANADIAN
PUBLIC HEALTH
ASSOCIATION

ASSOCIATION
CANADIENNE DE
SANTÉ PUBLIQUE



Host Organization Requirements

Type of Organization

To hold a workshop in your community, it is recommended that the host organization provide health or social services to people with lived or living experience of substance use, or work in the field of substance use and health. This includes but is not limited to the following types of organizations:

- Public health units or community health centers
- Non-profit organizations
- Government agencies
- Mental health and/or addictions services
- Shelter or housing organizations
- Community development organizations or knowledge networks
- Social service/support organizations

Organization Responsibilities

Using the workshop package, the host organization will manage logistics associated with hosting a workshop, including but not limited to:

- Invitations, registration, and managing participant questions;
- Compensation for facilitators and provision of honoraria for PWLLE (participating and/or facilitating) as per internal policies.
- Costs associated with lunch, technology, booking a venue, parking, etc.
- Printing and distributing necessary resources including participant workbooks and evaluations (if applicable).

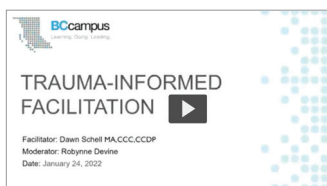
Facilitator Requirements

The host organization will provide 1-2 people who have experience with facilitation (in-house or otherwise). To deliver this workshop, facilitators should:

- Work in public health or social service sectors, with priority given to those with lived or living experience of substance use;
- Have experience leading group discussions/meetings, public speaking, and/or giving presentations;
- Feel comfortable discussing potentially emotional topics (e.g., substance use stigma, misinformation, advocacy) and diffusing conflict as needed;
- Have experience utilizing and troubleshooting online technology (e.g., projector, sharing audio, survey software, etc.).

Recommended Facilitator Resources:

It is recommended that facilitators review the following resources prior to facilitation to ensure that they are prepared to navigate emotionally complex conversations and provide a learning environment that is safe and productive for participants.



Trauma-Informed Facilitation Webinar:

BCcampus

This session explains what trauma is, the impact it can have, and practical tools, tips, and strategies for trauma-informed facilitation. While this webinar is not specific to discussions about substance use stigma, we encourage facilitators to watch the following sections on trauma informed facilitation:

- Introduction to trauma-informed approach: 6:00-27:40
 - Facilitating discussion on difficult topics: 59:50-1:05:30
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Toolkit for Trauma-Informed Training Facilitation:

Nashville Family Safety Center

This toolkit discusses the importance of using a trauma-informed approach to facilitation and the benefits that this approach has for creating and maintaining a safe and engaging learning environment. It offers a series of reflective questions and tips for facilitators to consider, including audience dynamics to be aware of, physical space considerations, respectful inclusive language to use and skills for supporting participants who demonstrate challenging behaviours.



Getting to Tomorrow: Ending the Overdose Crisis:

Canadian Drug Policy Coalition

This guide provides context and information about substance use issues and public health and human rights approaches to substance use. It is meant to provide a starting point for exploring diverse perspectives and solutions related to the overdose crisis.

Optional Participant Resources:

Misinformation about substance use can greatly impact our beliefs and attitudes, and contribute to all levels of stigma. Below are some resources that outline evidence-based information about substance use that facilitators can use to address misinformation. Facilitators may wish to review these ahead of the workshop or provide them to participants.



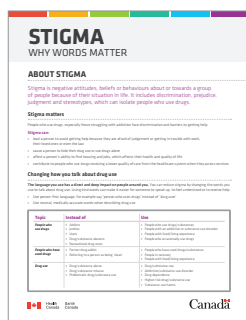
Myths and Facts about Substance Use: *Toronto Public Health*

This fact sheet outlines common myths about substance use, and provides evidence-based responses to address misinformation.



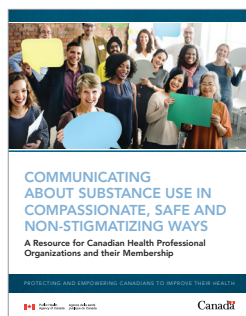
Myths & Facts: About Supervised Consumption Services: *CRISM (Canadian Research Initiative in Substance Misuse)*

This fact sheet outlines common myths about supervised consumption sites, and provides evidence-based information to address misinformation.



Stigma: Why Words Matter: *Health Canada*

This resource outlines ways you can reduce stigma, including examples of non-stigmatizing language to use when talking about substance use.



Overcoming Stigma Through Language: A Primer: *Canadian Centre on Substance Use and Addiction (CCSA) , CAPSA (Community Addictions Peer Support Association)*

This resource is designed to help understand stigma associated with substance use and recognize the stigmatizing language, attitudes and behaviours that surround people experiencing the harms of substance use.