

Substance Use Stigma Reduction Trainings in Canada

For professional groups & the media

Background

This collection of training resources was compiled by the FPT Substance Use Stigma Working Group to support federal, provincial, territorial and other stakeholders in stigma reduction efforts. The following document presents a collection of substance use stigma reduction trainings for various audiences, such as healthcare providers and the media.

Reducing stigma is important

- Stigma is one of the biggest barriers to seeking and receiving assistance, support and treatment for people who use substances. Stigma takes the form of negative attitudes, beliefs, and behaviours.
- People who use substances often experience stigma from healthcare professionals, social service workers, and first responders, such as police. Experiencing stigma from service providers is a structural barrier to getting help.
- These trainings aim to provide accurate information about substance use disorder, dispel harmful myths, and help learners identify their own biases with the ultimate goal of reducing stigma and providing better, more compassionate and responsive services.

These trainings are offered through various organizations that work in the areas of substance use and substance use stigma reduction. They were developed for diverse target audiences, including for those who work in health and social services, post-secondary education, law enforcement, and the general population. Details about each training are included in the following table, including the organizations that developed the trainings, target audience, brief descriptions of the content, and links.

General inclusion criteria

- Trainings focused on substance use stigma reduction
- Publicly available or available upon request
- Developed by reputable professionals or organizations
- Involved people with lived and living experience of substance use in development and/or evaluation

Please note: This document is evergreen. We acknowledge that this list is not exhaustive and welcome recommendations for additions to the collection, especially trainings developed by and for Black, Indigenous and People of Colour. Please reach out to Rebecca Brodmann (Rebecca.brodmann@hc-sc.gc.ca) with suggestions.

Call to Action

- Please share this document widely with internal and external stakeholders, networks, provincial and territorial agencies and organizations working across sectors including health, social services, education and public safety, to increase uptake of stigma reduction training. We encourage everyone to engage in stigma reduction training.

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Name of Training	Organization(s)	Description/Content & Evaluation Information	Format	Target Audience	Links, Contacts, & Resources	Languages Available
<i>Trainings for Health, Social and Emergency Care Providers</i>						
Compassionate Engagement Modules	British Columbia Centre for Disease Control (BCCDC) Toward the Heart - Peer Engagement and Evaluation Project (PEEP)	The Compassionate Engagement Modules are a series of interactive case studies about stigma and discrimination experienced by People Who Use Drugs (PWUD). These modules are designed to engage PWUD and the people who provide services to them (healthcare providers, frontline service providers, managers, and leadership). It works best when there are both PWUD and providers together.	PowerPoint presentations with voice over; facilitator led – online or in-person.	People who use drugs & service providers (healthcare, frontline, managers and leadership)	https://towardtheheart.com/reducing-stigma	English
Compassionate Action: An Anti-Stigma Campaign	British Columbia Centre for Disease Control (BCCDC) Toward the Heart- Peer Engagement and Evaluation Project (PEEP)	The Compassionate Action modules are a series of interactive case study videos about stigma and discrimination experienced by People Who Use Drugs. The modules build up on the Compassionate Engagement modules. Each video is accompanied by a reflection/ discussion guide. The modules are intended to bring PWUD and other providers together to encourage collaboration and mutual respect.	Videos and discussion guide; facilitator led or individual reflection	The modules are designed to engage PWUD and the people who provide services to them, such as healthcare and frontline service providers, first responders, and organizational managers.	https://towardtheheart.com/peer2peer-project	English
Equipping for Equity Modules	Equip Health Care (The University of British Columbia)	The focus of the Equipping for Equity Modules is to provide health care providers, staff, and leaders with low-cost, action-oriented strategies and tools that support integrating health equity into practice. The Modules centre on three key dimensions (1) trauma- and violence-informed care, (2) cultural safety/anti-racism, and (3) harm reduction/substance use health. The key dimensions of equity-oriented care are foundational to the Modules and aim to improve care by reducing the substance use stigma and discrimination that people face in health care settings. There are 9 Equipping for Equity Modules with optional practice quizzes. After taking the self-directed Modules, students are eligible to receive a Certificate of Completion. The Modules are one of the many resources included in the EQUIP Equity Action Kit, which is designed to help guide organizations in diverse health and social service settings who want to implement equity-oriented care. The Action Kit focuses on cultural safety and anti-racism (including an emphasis on anti-Indigenous racism), trauma- and violence-informed care, and substance use health, which includes taking a harm reduction approach and reducing substance use stigma. The Action Kit includes links to a variety of resources to support organizations and people working in them to recognize and reduce substance use stigma and adopt a substance use health approach to services.	Online, self-directed.	Health care and social service providers, staff members and leaders in health care and social service organizations..	Equipping for Equity Modules: https://equiphealthcare.ca/equipping-for-equity-online-modules/ EQUIP Equity Action Kit: https://equiphealthcare.ca/equity-action-kit/	English
EQUIP Equity Essentials: Substance Use Health and Substance Use Stigma	EQUIP Health Care (The University of British Columbia) Community Addictions Peer Support Association (CAPSA)	In collaboration with many individuals and groups who shared insights and expertise, the EQUIP Pathways team prepared essential messages on substance use health and substance use stigma for health care and social service providers. These key messages from experts, including people with lived experiences of inequities, serve as a foundation for better understanding health equity and diving deeper into further EQUIP Health Care resources.	Online, self-directed	Health care and social service providers	The EQUIP Equity Essentials are available online and downloadable as a PDF: https://equiphealthcare.ca/resources/equity-essentials/ Substance Use Health Video: https://equiphealthcare.ca/resources/equity-essentials/substance-use-health/ Substance Use Stigma Video: https://equiphealthcare.ca/resources/equity-essentials/substance-use-stigma/	English

Exploring STBBIs and stigma: An introductory course for health and social service providers	Canadian Public Health Association	During this introductory workshop, participants will explore stigma, the multiple factors that contribute to stigma, and the potential impacts of stigma on clients as well as public health interventions. In addition, this workshop will focus on strategies that can be employed at both practice and organizational levels to foster change and ultimately create more welcoming and inclusive environments for clients.	Online, self-directed	Frontline service providers with a basic level of knowledge in the areas of sexuality, substance use, and sexually transmitted and blood-borne infections (STBBIs).	https://learning.cpha.ca/course/index.php?categoryid=8	English French
Mental Health Structural Stigma in Healthcare eLearning Course	Mental Health Commission of Canada (MHCC)	Structural stigma arbitrarily limits the opportunities and rights of persons with lived and living experience (PWLLE) of mental health problems and illnesses and/or substance use. While often unintended, it embeds inequities into the fabric of our social institutions, our organizations, and our shared ways of thinking and acting. In health care, structural stigma exists in laws, policies, practices, and models of care that deprioritize, dehumanize, and fail to treat PWLLE equally. Such unfairness reduces their access to health care, the availability of evidence-based services, and the quality of care they receive. In partnership with CHA Learning, the MHCC is pleased to offer Mental Health Structural Stigma in Healthcare, online training to help health-care leaders become more aware of structural stigma, recognize stigmatizing practices, and identify opportunities for improvement in their own organizations. The evidence-based online learning tool was developed, tested and refined during a 2.5 year process that was guided by: <ul style="list-style-type: none"> • Development process led by a planning committee composed of individuals with professional and lived expertise • 1 year demonstration phase • An evaluation and refinement process 	Online, self-directed The accredited and self-paced course is free and takes approximately 1-1.5 hours to complete.	This course is intended for health system leaders and influencers, as well as any healthcare professional, who wants to better understand and identify structural stigma in their organization and how it contributes to inequity and poorer experiences and health outcomes for those experiencing mental health and substance use concerns.	https://chalearning.ca/programs-and-courses/structural-stigma-training-for-health-care-leaders/?utm_source=mhcc_website&utm_medium=link&utm_campaign=mhcc_support&utm_content=eng_stigma	English French
Reducing Stigma and Promoting Recovery for Opioid Use	Centre for Addiction and Mental Health (CAMH)	The course aims to provide information related to the opioid crisis, opioid use risk factors and related harms, harm reduction strategies, recovery-oriented practice, as well as promising treatment strategies for people with opioid use disorders. The course has two overarching goals: 1. Reduce stigma towards opioid use and individuals that use opioids. 2. Reinforce the notion of recovery-oriented care and that recovery is highly individualized. This training was evaluated using MHCC's OM-PATOS scale. A detailed report of the evaluation and results can be accessed here .	Online, self-directed.	Professionals who assist people with opioid dependence, including counsellors, nurses, pharmacists, physicians, social workers, case managers, therapists, public health workers, and long term care workers	https://moodle11.camh.ca/moodle/course/view.php?id=49	English
Stigma Ends With Me Training for Professional Groups	CAPSA	CAPSA has developed effective, evidence-based, and impactful workshops to equip you with knowledge and tools to understand and address stigma, so we can improve the health outcomes of the 78% of people over the age of 15 years old living in Canada, who use substances. <u>Stigma Ends With Me: Core Principles</u> Join this transformative 2-hour training, framed with CAPSA's Principle of Substance Use Health. This course aims to uncover biases and shift perspectives on people who use substances. Gain valuable insights into the negative effects of stigma on health and learn practical approaches to address stigma, thereby increasing the health outcomes of people who use substances. Explore the power of language and its impact on stigma reduction, by understanding how our choice of words can either perpetuate harmful outcomes or contribute to a more compassionate society and systems. This training is unique to CAPSA, which is developed and delivered by subject matter experts who are also informed by our lived and living expertise. <u>Stigma Ends With Me: Extended Learning Workshop</u> Join CAPSA for an immersive and comprehensive workshop designed to explore the profound effects of stigma on individuals, particularly in the context of Substance Use Health. The workshop format encourages active participation and fosters a collaborative learning environment, allowing participants to engage deeply with the content and apply stigma reduction approaches in practical ways. CAPSA provides stigma reduction training to health/social service provider professional groups and will tailor the curriculum to meet the needs of the learners.	In-person and/or virtual.	Training can be tailored to any group: working professionals, government departments, health professionals, post-secondary students, education/support staff, leadership teams, social services workers, public safety, policy-focused audience, CSOs, working groups, etc.	training@capsa.ca https://capsa.ca/learn/	English French

Substance Use Stigma (Three courses offered).	Family Advocacy Support Centre (previously Starlings Community)	Family Advocacy Support Centre (previously Starlings Community) uses a racial and health equity lens to empower organizations to disrupt the intergenerational effects of substance use stigma and child welfare involvement. Substance use trainings include: 1. Stress, Stigma, and Safety 101 for Caregivers and Educators 2. Disrupting Intergenerational Consequences of Stigma 3. Parental Substance Use and the Child Welfare System	Online or in-person.	Health and social service professionals, educators.	https://www.familyadvocacysupportcentre.ca/copy-of-organizations-1	English
Training and Education Hub to Address Sexual Health and Harm Reduction Stigma (The Hub)	Canadian Public Health Association	In collaboration with the Centre for Sexuality, CPHA has developed five professional development workshops focused on equipping frontline health and social service providers with the attitudes, knowledge and skills needed to reduce stigma related to sexually transmitted and blood-borne infections (STBBI). All the workshop resources, including a facilitation manual, a participant workbook and the presentation slides, are available in a turnkey format to help you facilitate a training workshop in your community. The Hub provides content to support you in preparing for workshop delivery, covering topics including adult learning principles, trauma-informed facilitation, logistics for planning in person or online training, adapting workshop content and evaluating the impacts of your training. Workshops include: <ul style="list-style-type: none"> Exploring STBBIs and stigma: An introductory workshop for health and social service providers Moving beyond the basics: An advanced workshop about sexual health, substance use, STBBIs and stigma Challenging organizational stigma: Providing safer and more inclusive sexual health, harm reduction and STBBI-related services Reducing stigma through trauma- and violence- informed care (TVIC) At the intersection: Building awareness and capacity to support people experiencing intersectional stigma 	Turnkey workshop packages, to be adapted and delivered online or in-person. Available after completing this online module: Facilitating adult learning: Addressing stigma related to STBBIs.	Health and social service professionals.	https://www.cpha.ca/workshops-reducing-stbbi-related-stigma	English and French
Understanding Stigma	CAMH & Mental Health Commission of Canada (MHCC)	Understanding Stigma is a free online course adapted by the Mental Health Commission of Canada from a workshop created by the Central Local Health Integration Network. The course is designed to help healthcare providers and frontline clinicians develop strategies to improve patient-provider interactions and overall care for people with mental illness including addiction. This training was evaluated using MHCC's OM-PATOS scale. A detailed report of the evaluation and results can be accessed here .	Online, self-directed.	Healthcare providers and frontline clinicians	https://www.camh.ca/en/education/continuing-education-programs-and-courses/continuing-education-directory/understanding-stigma	English
Trainings Tailored to the Audience						
Implicit Bias Training	Dr. Javeed Sukhera	Dr. Sukhera is a psychiatrist and researcher who has developed implicit bias training for healthcare professionals that can be adapted to different contexts and audiences including healthcare professionals across disciplines and health leaders and administrators. Dr. Sukhera will engage with organizers in advance to understand the background and needs of the group. He has adapted the training to deal specifically with substance use stigma. The training draws on numerous theoretical frameworks and embeds the principles of trauma-informed practice. The training goes beyond examination of individual attitudes and behaviours to examine broader systems and structures. The training has been evaluated.	In-person or virtual delivery over a three hour timeframe, by request.	Health professionals across disciplines; health leaders and administrators	Dr. Javeed Sukhera; me@javeed.ca	English
Training for Law Enforcement						
Drug Stigma Awareness for Law Enforcement	Canadian Police Knowledge Network/Public Safety Canada; Content for this course was developed by Canadian Centre on Substance Use and Addiction (CCSA).	This course is designed for the law enforcement community and provides an opportunity to learn about substance use disorder and the impacts of stigma on those who suffer from this medical condition. Tips and examples from Canadian communities demonstrate how small changes can make a difference and how policing practices are changing in response to new knowledge. It is only available to law enforcement agencies through the Canadian Police Knowledge Network.	Online, self-directed.	Sworn Police	https://www.cpkn.ca/en/course/drug-stigma-awareness-for-law-enforcement/	English French

<i>Training for Post-Secondary Education Staff</i>						
Stigma, Substances, and Mental Health 101	CCSA & post-secondary education partners: Algonquin College, Carleton University, and University of Ottawa	This resource was developed to equip post-secondary educators and staff to help eliminate the stigma around mental health and addiction; build confidence in their ability to create a supportive environment; understand the importance of a harm-reduction approach; and direct students to community resources if they need additional supports. This training was evaluated using pre/post questionnaires and results showed improvements in knowledge of training content.	Videos are available to view on the internal networks of participating post-secondary institutions and at the link provided.	Post-secondary educators and staff	https://tlp-lpa.ca/umbrella-project/substances-mental-health	English French
<i>Trainings for the General Population</i>						
Becoming an Opioid Harm Reduction Champion	Canadian Red Cross	A course focused on reducing stigma and responding to an opioid overdose emergency. It aims to reduce stigma and change attitudes towards opioid use, and increase knowledge of how harm reduction works to aid during an opioid overdose emergency.	Online, self-directed.	General population (must be 13 years of age or older)	https://learn.redcross.ca/p/becoming-an-opioid-harm-reduction-champion	English
Overcoming Stigma: Online Learning	Canadian Center on Substance Use and Addiction	CCSA has developed three learning modules addressing the topic of stigma and substance use. The modules were developed with the needs of both the general public and professional audiences in mind. The first module, The Pain of Stigma, introduces learners to the concept of stigma, and explains why it is harmful and what its impacts are on people with problematic substance use and substance use disorder. The second module, Insights on Substance Use helps learners understand that substance use disorder is a health condition not a choice or a moral failing. Module three, Stigma Ends with Me, explains that words matter when it comes to seeking help for substance use disorders; it identifies stigmatizing language and assists learners in adopting more positive word choices. After completing the modules, learners will understand that substance use disorder is a medically diagnosed health condition and that by using person-first language we can begin to change the way we think about people with substance use disorder. The overarching goal is to increase understanding of stigma and equip learners with the tools and knowledge required to address stigma at home, in the workplace and in communities.	Online, self-directed.	General population	https://www.ccsa.ca/overcoming-stigma-online-learning	English French
<i>Trainings/Resources for Media</i>						
The Impact of Stigma and Avoiding Stigmatizing Language	Canadian Drug Policy Coalition (Getting to Tomorrow)	A guide focused on educating media and journalists on how to avoid stigmatizing reporting and narratives, and how to accurately depict stories of people with substance use disorder.	Guide/resource.	Media and journalists.	https://gettingtomorrow.ca/2020/10/12/the-impact-of-stigma-and-avoiding-stigmatizing-language/	English French
Mindset Media Guide	Canadian Journalism Forum on Violence and Trauma with financial support from the Mental Health Commission of Canada. Media partner is CBC News.	Media guidelines for reporting on mental health; sections on addiction/substance use. Guide is on its third iteration. Canadian context.	Guide.	Media.	http://www.mindsetmediaguide.ca/	English French
Stigma Primer for Journalists: A Guide to Better Reporting on Substance Use	CCSA and CAPSA	A guide that supports reporting about people who use substances accurately and without stigma. It includes a word list and recommendations for journalists, further discussions of stigma and the science around substance use disorder, additional resources and a bibliography.	Guide/resource.	Media.	https://www.ccsa.ca/sites/default/files/2021-11/CCSA-Stigma-Primer-Journalists-Reporting-Substance-Use-with-References-2021-en.pdf	English French (coming soon)

and the People it Impacts						
Toward the Heart – Media & Language	BCCDC	Information and materials about De-stigmatizing Language around Substance Use & Harm Reduction Reporting. A rapid evidence literature review was performed and findings discussed by people with lived and living experience of substance use who shared their personal experiences of the impact of stigmatizing language and images in media. No Canadian reporting standards were identified. The report includes the review findings, perceptions of people with lived and living experience, and makes recommendations on how to reduce stigma in the media.	Seminar slides and report, including guiding principals, are available.	Media	https://towardtheheart.com/research-projects;Final Report	English
Women and Opioids: Media Guide	Centre of Excellence for Women's Health (CEWH), in partnership with the Canada FASD Research Network.	This backgrounder on women and opioids is based on research showing that many women are affected differently than men by the opioid crisis and that approaches to preventing and addressing problematic opioid use and addiction require attention to these differences. It includes a checklist of suggestions for better reporting on women and opioids as well as a brief overview of research and trends in Canada.	Guide.	Media.	https://bcewh.bc.ca/wp-content/uploads/2018/05/CanFASD_WomenAndOpiods_180504_1504_MediaGuide.pdf	English

Appendix 1: Important and related concepts and trainings

Trauma-Informed Practice Resources

Trauma is often closely connected to mental illness, substance use, stigma and barriers to accessing quality care, among other challenges. Trauma-informed practice means recognizing this link, making sure that people feel safe and are not re-traumatized by their care. In addition to affecting mental wellness and substance use, trauma can also trigger reactions such as self-harm or aggression that may make someone's health challenges worse, deepen stigma, create barriers to accessing healthcare and employment, and even contribute a conflict with the law. Trauma-informed practice principles can be implemented across systems and organizations, not just at the level of individual treatment. There are many guides available to inform a trauma-informed approach.

A few examples include:

- BC's [Trauma-Informed Practice Guide](#)
- [CCSA's Trauma-Informed Care](#)
- BC's [Healing Families, Helping Systems: A Trauma-Informed Practice Guide for Working with Children, Youth and Families](#)
- CPHA's [Trauma-and Violence-Informed Care Toolkit for reducing stigma related to sexually transmitted and blood-borne infections](#)

Trauma-Informed Practice Trainings

There are numerous trauma-informed practice trainings available across Canada, including many tailored to specific professions and settings. Below we have highlighted a few examples.

Name of Training	Organization(s)	Description/Content & Evaluation Information	Format	Target Audience	Links/Resources	Languages Available
Trauma & Addiction (Part of a 'Trauma Certificate' offered by Laurier University).	Wilfred Laurier University	This two-day workshop explores the connection between trauma and addiction with a focus on providing knowledge, tools and resources to effectively serve clients who are dealing with both trauma and addiction issues.	Online.	Social Workers; professional development.	https://www.wlu.ca/professional-development/fsw-professional-development/certificates/trauma-certificate.html	English
Trauma-Informed Care: For individuals who help those impacted by trauma provide patient care	Alberta Health Services	<p>Many of the people we interact with every day have been affected by overwhelming stress or traumatic experiences. Traumatic experiences change a person and can create turmoil within a person and in their life. This is especially true if events and/or conditions happen in childhood. The consequences of trauma are far reaching and can be directly or indirectly linked to mental illness, addictions, chronic disease, suicide, and overall, a failure to thrive.</p> <p>The purpose of the Trauma-Informed Care (TIC) Project is to increase knowledge about trauma and the impact it has by creating connections, sharing knowledge and resources. TIC offers resources for individuals who help those impacted by trauma to provide patient centred care.</p>	Online.	For individuals who help those impacted by trauma to provide patient-centered care.	https://www.albertahealthservices.ca/info/Page15526.aspx	English Alexis Nakota Stoney Amharic Arabic Blackfoot Simplified Chinese/Mandarin Simplified Chinese/Cantonese Cree Dene French Low German Hindi Korean Nepali Oromo Portuguese Punjabi Spanish Somali Stoney-Nakota Tagalog Tigrinya Ukrainian Urdu Vietnamese

Trauma-Informed Practice Institute: Level 1 and Level 2	University of British Columbia	This workshop will provide participants with tools, knowledge, and some expertise on how to assist clients with trauma and understand how trauma impacts the healing process. Research supports that knowledge of Trauma-Informed Practice (TIP) is critical to helping clients move through barriers to healing. The Level 1 training includes how embodied emotion and trauma memory is stored in the body and ways it can be released. The workshop provides both didactic and experiential exercises to facilitate deeper integration of knowledge.	Online, not free.	Anyone with an interest in Trauma-Informed Practice, both professionally and personally, is invited to attend the training. This program is designed to assist individuals with no, little, or substantive expertise in the content area, as well as graduate students in relevant disciplines.	https://ecps.educ.ubc.ca/trauma-informed-practice-institute-2021-winter-spring-training/	English
Trauma and Resiliency Informed Practice (TRIP)	Fraser Health	Fraser Health Authority developed a training program for direct service providers designed to address the important connection between stress and patient care —a mental health and resiliency program based on the principles of trauma-informed practice and care. This article reports the results of an evaluation of this program. Findings suggest that embedding resiliency and self-compassion within trauma-informed training programs is a promising approach for cultural change in healthcare practice This piece differentiates TRIP from other trauma-informed practice trainings. Fraser Health and MHCC are currently evaluating it in a variety of clinical settings. They hope to package it for scaling soon. People with lived and living experience were extensively involved in the development of this program. OM-PATOS scale was used as part of ongoing evaluations. A recent report can be accessed here .	One day workshop and post-workshop coaching and support activities. This training has been adapted for virtual delivery. It is currently being packaged for scale-up across settings.	Direct service providers across disciplines and settings	Marika Sandrelli; Marika.Sandrelli@fraserhealth.ca	English
Trauma- and Violence-Informed Care Foundations Curriculum	EQUIP Health Care (University of British Columbia) Western University	EQUIP Health Care's Trauma- and Violence-Informed Care (TVIC) Foundations Curriculum gives practical guidance on how to provide care or services in a trauma- and violence-informed way. This e-learning education is for anyone who wants to increase their knowledge and skills when working with people seeking care in health care, social services and beyond. It also supports leaders in developing policies and protocols to support TVIC practice. The curriculum has 7 sections, with embedded videos, case-based activities, a downloadable Notebook for reflection and links to key take-aways, and interactive quizzes throughout. After completing section 7, successfully completing a brief assessment will provide a Certificate of Completion.	Online, self-directed.	Health care and social service providers, staff, educators, and leaders.	https://equiphealthcare.ca/tvic-foundations/	English

Cultural Safety Trainings – Indigenous Perspectives

Cultural safety trainings take many forms but generally they aim to enhance self-awareness and strengthen the knowledge and skills of those who work with Indigenous people in order to ensure that Indigenous peoples are respected and services are provided in a safe, equitable way, free from discrimination and prejudice. This is particularly important in the substance use field considering the disproportionate burden of substance use harms experienced by indigenous people in Canada. Trainings typically cover concepts such as culture, stereotyping, discrimination, and the legacies of colonization.

We've included three cultural safety training offerings below and welcome recommendations of other resources.

Indigenous Cultural Safety Training (multiple offerings)	Wabano Centre	Indigenous Cultural Safety is anti-racism training from an Indigenous perspective. If you are a service provider working with Indigenous people, Wabano's training options are here to support you in your journey as a helper. This training is a first step in a life-long journey of learning.	Online, self-directed and in-person options.	Health or social service provider	https://wabano.com/education/professional-development/indigenous-cultural-safety-training/#ics-form	English
Indigenous Cultural Safety Training	Indigenous Primary Health Care Council	Foundations of Indigenous Cultural Safety has been created for individuals working in the health care system to learn the importance of adopting culturally safe and appropriate practices when serving Indigenous clients and patients. The course is designed to promote a combination of cultural competency education and training in cultural safety so that participants understand historical and cultural knowledge as it applies to health settings. The information and curriculum are accompanied by tools, resources, assessments, and checklists so that individuals are better equipped to respond and provide safer care to Indigenous clients and patients.	Online, self-directed, approximately 3 hours	Health care providers	https://www.iphcc.ca/ontario-ics-program/	English
San'yas Indigenous Cultural Safety (ICS) Training: Core ISC Health and Core ISC Mental Health	Provincial Health Services Authority in BC	San'yas: Indigenous Cultural Safety Training is a unique, online training program designed to enhance self-awareness, and strengthen the skills of those who work both directly and indirectly with Indigenous people. The goal of the Indigenous Cultural Safety (ICS) training is to develop understanding and promote positive partnerships between service providers and Indigenous people. Skilled facilitators guide and support each learner through interactive course materials. The course participants examine culture, stereotyping, and the consequences and legacies of colonization. Participants will learn about	Online, self-directed.	People who work directly or indirectly with Indigenous people.	https://www.sanyas.ca/training	English

		<p>terminology; diversity; aspects of colonial history such as Indian residential schools and Indian Hospitals and a time line of historical events.</p> <p>The ISC Core Mental Health Course is designed for professionals working in mental health and addictions, and/or social service settings. Learning is self-paced over an eight-week window and typically takes between nine and 17 hours to complete. ICS training programs are available in BC, Ontario and Manitoba.</p>				
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